

**COURSE DURATION:**

3-5 DAY FULL COURSE or 1 DAY REFRESHER

**CANDIDATES:** UP TO 3 PEOPLE



This course is designed to train delegates in the safe and efficient use of a reach truck. It introduces them to the truck in a way that is thorough yet easily understood and explains the major constituent parts of the truck and their uses. Included in detail are sections on the stability of the truck and the causes of instability along with the correct methods of use in different applications. Safe and efficient stacking and de-stacking of various loads is covered in detail as is battery care and maintenance.

Reach Truck Refresher Training - is designed to take a qualified reach truck operator refresh, update and retest them.

**OBJECTIVES:**

This course is designed to train delegates in the safe and efficient use of a reach truck

**METHOD:**

Theory and practical sessions with assessments

**PPE:**

As per company policy. Safety shoes and hi-Vis are compulsory

**VENUE REQUIREMENT:**

A suitable classroom to accommodate the trainer and delegates which has a power socket. Practical space large enough to operate the equipment with racking

**SUPPORTING DOCUMENTS:**

All course materials are provided

**Elements covered:**

- Why we train
- Health and Safety at Work Act 1974
- Provision and Use of Work Equipment Regulation 1998
- Lifting Operations and Lifting Equipment Regulations 1998
- Management of Health and Safety at Work Regulations 1999
- Rated capacity and load centres
- Longitudinal and lateral stability
- Driving on inclines
- Attachments and how they affect the characteristics of the truck
- Stability and instability factors
- Driving on inclines
- Pallet and load assessment
- Attachments
- Vehicle loading and unloading
- Battery care and maintenance or refuelling
- Use of seatbelts
- Forklift trucks on the public highway
- Pre-use checks and defect reporting
- Practical training in areas requiring attention
- Theory, pre-use checks and practical testing on the equipment

**Criteria required for training to commence:**

- Classroom for theory with table chairs and an electrical socket
- Appropriate lift truck in sound mechanical condition
- Safe practical training area with racking
- Suitable loads to use during training

